

Every human being, and every living being, animals and insect alike, knows about fear. Adi Da has pointed out that fear is the root-emotion of egoity, of the sense of separateness. Fear of madness is the fear of losing the self. And, yet, losing the self and its world through a Spiritual revolution in awareness (and not through clinical breakdown) is exactly what must occur for the spiritual practice to begin. In July of 2004, Adi Da Samraj began a series of discourses which were broadcast live over the internet to all his devotees around the world. During these remarkable occasions, Adi Da Samraj answered questions from those who were present in the room with him but also from devotees in other parts of the world via speakerphone. During one of those occasions, when a questioner asks about the fearfulness he feels locked in his body, Adi Da Samraj responds that the root of fear is the same as the root of all suffering: the self-contraction, or the activity of identification with a separate and mortal body. Rather than avoiding the fear inherent in the body, Adi Da Samraj calls us to understand and transcend the self-knot by realizing the Divine Condition that is always already the case. Tracks include: The Significance of Fear , Meditation Techniques Don t Touch Fear and There Is No Fear in the Divine Condition . This CD is also available in a DVD under the same title. Adi Da Samraj has spoken directly to the heart of our human situation--the shocking gravity of our brief and unbidden lives. Through his words I have experienced a glimmering of eternal life, and view my own existence as timeless and spaceless in a way that I never have before. Richard Grossinger, author, Planet Medicine; The Night Sky A great teacher with the dynamic ability to awaken in his listeners something of the Divine Reality in which he is grounded, with which he is identified, and which, in fact, he is. Israel Regardie, author, The Golden Dawn

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